

UPCOMING EVENTS

April Potluck

April's potluck will be on the 22th in the large group room from 12-1pm. Management will be providing ballpark food.

New Employees!!

TLC is excited to welcome **Drew Lowe** (Residential), **John Gary** (Maintenance) and **Kristin Naas** (Billing Secretary).

CPR Class

If you took the CPR online class, you need to take the second part at Somerset Hospital on March 29th or 30th in room 423. You can stop in from 7-3, only needing 15-20 minutes to complete part two.

Next Staff Meeting

April 13, 2016 at 8:30 am

DO YOU KNOW..

Heavy drinking for women and men is defined as how many drinks for each?

*Submit your answer to **Jess** by phone ext. 259, email or in person. First one with the answer receives a prize!

Our Greatest
WEAKNESS
lies in giving up.
Thomas A. Edison

Stepping It Up

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BY: JESSICA PUGH



“Just say NO”

When the Reagan family moved into the White House in 1981 drug rates among teens were high. In that years graduating class, **65%** had used drugs while **37%** were regular users. Nancy Reagan played a huge role in eliminating drug use. Nancy had learned that many of her friends children were using drugs, some even committed suicide as a result. When a young girl asked her what to do if confronted with drugs,

Nancy replied with “**Just say no.**” This clear stand against drugs let the nation know illicit drug use was wrong, harmful and not compatible with a free society. It provided an example parents, teachers, community leaders and most importantly young people could utilize when confronted about drugs. The dangers of drugs became a common theme on television programs aimed towards family audiences. Nancy made 110 appearances and had **14 anti-drug speeches** in 1984. Her effort to fight teen drug use took her 65 cities, 33 states and 9 foreign countries. Shortly after Nancy launched her Just Say No campaign, congress passed the **Drug-Free Schools and Communities Act in 1986**. This mandated zero tolerance for any drugs or alcohol on public school grounds. That brought police

officers into the schools, arresting students for drug possession. By 1988, more than **12,000 “Just Say No” clubs** formed around the world. Nancy addressed the Nations General Assembly in 1988 where she urged the United States to do more to solve the drug problem through education and law enforcement directed at drug users. Nancy's efforts to save children from the dangers of drug abuse were rewarded. Of all of her accomplishments as first lady, the reduction of drug use among young people is one she is most proud of. When the Reagan's left the White House in 1989, only **19%** of the graduating class were regular users, a **47%** reduction. Nancy's “Just Say No” campaign is still well known around the country today.



Employee of the Month!

Amy Smith-Amy does great at handling scheduling changes within the nursing unit and has great customer service when representing Twin Lakes Center. Amy is willing to go above and beyond when needed and has a positive attitude maintaining staff morale. Thank you Amy for your dedication and positivity towards Twin Lakes Center!

James Davis- James is excellent at handling his job duties and has been very reliable in the maintenance department. James is very authoritative when it comes to working with the patients. He has been able to rotate shifts when needed and has worked overtime when asked to without hesitation. Thank you James for your eagerness and good work ethic!