

UPCOMING EVENTS

May Potluck

May potluck will be held Tuesday, May 17th. Prevention, Outpatient, Nursing and Maintenance will be providing picnic food to staff between 12 and 1pm in the large group room.

HAPPY BIRTHDAY!

- Stephen Fetsko
- Erika Broeker
- Tess Lowe
- Sarah Miller
- Drew Lowe
- Danielle Johnson
- Paul Tannehill

Know anyone in 7th-12th grade looking for a little adventure this summer? **Adventure Camp** June 20-24th is a perfect match for them! Contact the prevention department for more info!

Next Staff Meeting

June 8, 2016 at 8:30 am

DO YOU KNOW..

What are the 5 forms of medical marijuana that will be available in PA?

*Submit your answer to **Jess** by phone ext. 259, email or in person. First one with the answer receives a prize!

“Every new day is a chance to change your life.”

Stepping It Up

VOLUME 4, ISSUE 9

BY: JESSICA PUGH

FDA’s Authority Over Tobacco Products

“Too many children and teens are using e-cigarettes, cigars and other tobacco products,” said Harold P. Wimmer, National President and CEO of the American Lung Association. “The American Lung Association welcomes this long-awaited step to protect public health. At last, the **Food and Drug Administration** will have basic authority to make science-based decisions that will **protect** our nation’s youth and the public health from all tobacco products, including e-cigarettes, cigars and hookah.”

In May the U.S Department of Health and Human Ser-

vices gave the FDA authority to **review new tobacco products not yet on the market, help prevention misleading claims by tobacco product manufacturers, evaluate the ingredients of tobacco products and how they are made and communicate the potential risks of tobacco products.** This includes e-cigarettets, cigars, little cigars, hookah, pipe tobacco and other tobacco products.

FDA’s Center for Tobacco Products can now halt e-cigarette manufacturers from making **unproven health claims and marketing directed to kids.** The rule sets the nationwide **minimum age** of sale 18 years of age and prohibits distribution of **free samples** of e-cigarettes and

all other tobacco products. “Youth use e-cigarettes more than any other tobacco product on the market today, serving as an **entry point** to more traditional tobacco products and placing kids at risk to the harms and addiction of nicotine and other tobacco products,” Wimmer said. “Ending the tobacco epidemic is more urgent.”



Tips for Graduation Season!

As graduation season is right around the corner, make sure your family and friends remain safe. What you should do this graduation season:

- ◆ **Know where your child is going.** Don’t be afraid to talk to the parents who may be having a party and ask for their phone num-

ber in case you need to get ahold of your teen.

- ◆ **Know your child’s plan** for the entire night and set a curfew. Even if it’s a few hours later than normal. Discuss consequences if rules are broken.
- ◆ **Talk to your teen** about the effects alcohol can have on a

young brain. Remind your teen that most teens are not drinking alcohol and how it can jeopardize their future.

- ◆ **Make a pack** that you will pick them up at any time day or night if they need help without any judgement. Let me know you want them to remain safe at all times.