

UPCOMING EVENTS

July Potluck

July's Potluck will be provided by TLC on July 22nd. It will begin at noon with activities following for TLC's **STAFF APPRECIATION DAY** from 1-4

Pirates vs Reds Game

Somerset Hospital Day at PNC Park is Friday, August 5th at 7:05 pm. Tickets will be \$60 which include the ride there and seating ticket! Employees, family and friends are all invited!!

Clothing Order

If you plan to order TLC clothing your order form and money is due to Anna by July 15th!

Next Staff Meeting

July 20th at 12:00 pm

DO YOU

KNOW..What is the average BAC in Pennsylvania for DUI offenders?

*Submit your answer to **Jess** by phone ext. 259 email or in person. First one with the answer receives a prize!



Stepping It Up

VOLUME 4, ISSUE 13

BY: JESSICA PUGH

Congressman Rothfus Forum on Heroin

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On June 20th, Congressmen Rothfus held a forum at Greater Johnstown High School to discuss the heroin epidemic. There was talk about treatment centers, naloxone laws and crime statistics during the forum. The heroin epidemic negatively impacts many parts of the community, including law enforcement, educational institutions, families and health care providers. Cambria county was ranked both first and third in two recent reports for the

number of overdose deaths per **100,000** people among all of the commonwealths counties. Johnstown Area Regional Industries estimated half of all job applicants cannot pass a drug test or criminal background check. **Eric Millinder** was present for the forum sharing his personal struggles to get and stay clean. Eric stated that it does take a community to get people into recovery. It was also discussed the importance of parents talking to their children and not thinking that

it cannot happen to them. Cambria County Drug Task Force supervisor reported that at least **80 percent** of all crime, one way or another is connect to drugs and drug activity. For more information on the Heroin Forum check out **Tribune Democrat** Newspaper.

Staff Appreciation Day will be held July 22nd.

Lunch will be from 12-1 pm followed by games with the patients from 1-4. There are sign up sheets in the break room for staff to sign up to participate. Times will be announced when each activity will be starting. Please sign up according to if you want to participate with the females or males for games.

This will also be a dress down day for staff.

Happy Birthday!

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|-----------------|-----------------|
| Chalyce Howsare | Kristi Mitchell |
| Jennifer Ickes | Kristin Naas |
| Nicole Reese | James Davis JR |
| Sarah Strehlo | Judy Spangler |
| Rebecca Mull | Cindy Delaini |

Continuing Medical Education

As a result of the prescription drug and heroin epidemic a bill is in the process of being passed that would require medical professionals who prescribe opioid drugs to receive education. The proposal stated that doctors who are approved to prescribe controlled narcotics would have to complete education in pain management and prescribing practices of opioids. Gov. Wolf supports the legislation stating that the magnitude of the addiction and overdose death epidemic in Pennsylvania is astounding and a collaborative effort on the federal, state and local levels is crucial. Pennsylvania's doctors are required to take 100 hours of continuing medical education every two years, but the only mandated course is recognizing and reporting child abuse. The goal is to fight against the abuse of opioids and prescription drugs. The Center for Rural Pennsylvania found that around 80% of heroin addicts used prescription opioids before becoming addicted to heroin. Pennsylvania currently ranks number 7 in the United States for drug-related overdose deaths.