

UPCOMING EVENTS

August Potluck

August's Potluck will be provided by the secretaries and nursing on August 19th. Lunch will be provided from 12-1pm in the large group room.



- Arvid Carlson**
- Becky Costea**
- Misty Gorman**
- Eric Millinder**
- Justin Morris**
- Alyssa Peters**

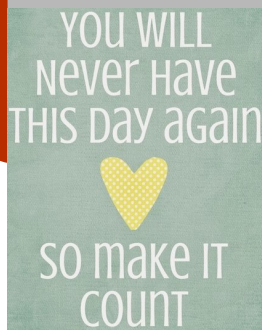
Next Staff Meeting

August 10th at 8:30am

DO YOU KNOW..

Who was the first commissioner of the U.S Treasure Department's Federal Bureau of Narcotics and was active in cannabis prohibition?

\*Submit your answer to **Jess** by phone ext. 259 email or in person.



# Stepping It Up

VOLUME 4, ISSUE 15

BY: JESSICA PUGH

Kickball Tournament!

Somerset Hospital will be hosting the first annual **Kickball Tournament on September 17th**. All proceeds will benefit Somerset County **Drug-Free Communities**. TLC will be having a team participating in the event-email Nick if you are interested in playing. Teams can have a maximum of 15 players with at least 7 males and 3 females. **Sponsors are needed** to help purchase t-shirts for each participant. Sponsors can invest \$50 to have their business/name on the back of the shirts. Help spread the word to the local businesses in your town! For more information see the **Prevention Department**



**Pennsylvania Youth Survey (PAYS)** were completed fall of 2015 in each Somerset County School. All students in grades 6th, 8th, 10th and 12th grade completed the survey. The PAYS survey is to gather information about youths knowledge, attitudes and behaviors towards alcohol, tobacco and other drug use to help communities address the issue. The following are some of the results from the PAYS survey:

Lifetime use of Alcohol

6th- 18.5%  
8th- 30.2%  
10th- 61.5%  
12th- 75.7%

Lifetime use of Cigarettes

6th- 4.2%  
8th- 11.7%  
10th- 32.2%  
12th- 47.7%

Lifetime use of Smokeless

Tobacco

6th- 4%  
8th-10.5%  
10th- 23.3%  
12th- 30.9%

Sources of Alcohol

Parents/Friends Parents—33.7%  
Took without Permission— 19.4%

Sources of Prescription Drugs

Took from own home— 38.6%  
From family/friend—47.1%

## Ebensburg

Wondering what our Twin Lakes Ebensburg Office looks like? Here is where Sheena, Paula, Tess and Trista work to assist our Ebensburg clients!



CAMBRIA OFFICE TOWERS	
<b>GROUND FLOOR</b>	<b>FIRST FLOOR</b>
Ebensburg Fitness	VetAdvisor, LLC
<b>SECOND FLOOR</b>	
209 Family Behavioral Resources / AERI	
210 Penn Hospice, Inc.	
211 Nulton Diagnostic & Treatment Center	
212 Twin Lakes Center	
213 Project Point of Light	

