

Stepping it Up

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Week of
September 1, 2014

Upcoming Events

Fetal Alcohol Spectrum Disorder Month

September 2014

Help raise awareness of the dangers of drinking while pregnant. Wear your favorite FASD t-shirt from any past year on September 9, 2014.

United Way Day of Caring

September 17, 2014

Interested in volunteering out in the community to Celebrate this 21st annual Day of Caring? See Paula to be a part of TLC's project team.

Employee Potluck Lunch

September 2014

Residential Unit is up!

Red Ribbon Week

October 23-31 2014

Get ready to promote living a drug-free lifestyle. This year's slogan is "Respect yourself, respect your health, be drug free".

*Every Day is
a Second
Chance*

- Anonymous



Not
a Single
Drop

September is FASD Month

Fetal Alcohol Spectrum Disorders are a group of conditions that a person may experience due to their mother drinking during pregnancy.

These conditions may involve physical, learning or behavioral problems throughout that persons life.

Each year, an estimated 40,000 babies are born with FASD. However, most of these cases go undiagnosed or tend to be misdiagnosed with another disorder. FASD is more prevalent than Down Syndrome, Cerebral Palsy, SIDS, Cystic Fibrosis, and Spina Bifida combined.

Babies that are diagnosed with FASD have the following physiological and neurological symptoms:

Low Birth Weight

Poor Impulse Control

Small Head Circumference

Attention Deficits

Small Eye Openings

Poor Judgment

Smooth, Wide philtrum

Difficulty Learning

Thin Upper Lip

Poor Problem Solving

To Learn More about FASD visit: <http://fasdcenter.samhsa.gov/>

Remember: If you are pregnant, Think before you Drink.

Employee Recognition

Employees of the Month for August 2014

Cindy Delaini is an outpatient counselor in our Somerset location. She was recognized for working overtime to see partial program clients while other counselors were out of the office, and for continuing the excellent communication with the residential counselors in an effort to support her caseload and TLC in general.

Kelly Martinek is an outpatient counselor in our Johnstown location. Kelly is recognized for stepping up and covering the partial program in Somerset, when needed. She stepped in to do an eval while she was in the Somerset and has great communication with the residential staff members to better support patients referred to Johnstown.

Congratulations Ladies!